

Colonial League Track and Field Championships - 5/12/2011**Bangor Memorial Park****Results****Girls 100 Meter Dash**

Name	Year	School	Seed	Prelims	H#
Preliminaries					
1 Reglas, Christelle	JR	Bangor	12.60	13.05Q	2
2 Kester, Amy	JR	Notre Dame GP	12.70	13.17Q	1
3 Lombardo, Alyssa	SR	Saucon Valley	12.20	13.19Q	3
4 Gehman, Danielle	SO	Palisades	13.20	13.24Q	1
5 Rinfret, Casey	SR	Palmerton	13.10	13.43Q	3
6 Kester, Hailey	SR	Salisbury	13.40	13.59Q	2
7 Falcone, Amanda	JR	Bangor	13.10	13.53q	3
8 Swiatek, Carli	FR	Wilson	13.00	13.57q	1
9 Krawchuk, Erika	SO	Northern Lehigh	13.40	13.60	1
10 Moreira, Michelle	SO	Southern Lehigh	13.20	13.61	2
11 Pereira, Jessica	SO	Palmerton	13.10	13.65	2
12 Codd, Darby	JR	Palisades	13.60	13.79	2
13 Mizack, Brandi	FR	Wilson	13.50	13.84	1
14 Andrews, Sarah	SR	Palmerton	13.40	13.93	3
15 Debski, Jessica	FR	Palmerton	13.30	14.03	3
16 Ruggiero, Meghan	FR	Bangor	13.20	14.11	1
17 Black, Tori	SR	Nwl Girls	13.80	14.13	3
18 Barnett, Rachel	JR	Northern Lehigh	14.00	14.32	2
19 Dainauski, Anna	JR	Notre Dame GP	13.70	14.36	3
20 Thatcher, Brittany	SR	Palisades	14.00	14.69	3
21 Englert, Kaelyn	FR	Palmerton	13.80	14.74	1

Girls 100 Meter Dash

Name	Year	School	Prelims	Finals	Points
Finals					
1 Lombardo, Alyssa	SR	Saucon Valley	13.19	12.72	10
2 Reglas, Christelle	JR	Bangor	13.05	13.02	8
3 Kester, Amy	JR	Notre Dame GP	13.17	13.09	6
4 Gehman, Danielle	SO	Palisades	13.24	13.22	5
5 Falcone, Amanda	JR	Bangor	13.53	13.29	4
6 Rinfret, Casey	SR	Palmerton	13.43	13.36	3
7 Kester, Hailey	SR	Salisbury	13.59	13.49	2
8 Swiatek, Carli	FR	Wilson	13.57	13.53	1

Girls 200 Meter Dash

Name	Year	School	Seed	Prelims	H#
Preliminaries					
1 Lombardo, Alyssa	SR	Saucon Valley	25.40	26.10Q	3
2 Weedling, Kendall	JR	Southern Lehigh	27.00	26.42Q	1
3 Reglas, Christelle	JR	Bangor	26.10	27.15Q	2
4 Gehman, Danielle	SO	Palisades	27.60	27.55Q	2
5 Pereira, Jessica	SO	Palmerton	27.30	27.64Q	1
6 Falcone, Amanda	JR	Bangor	27.90	27.87Q	3
7 Andrews, Sarah	SR	Palmerton	29.20	27.74q	1
8 Swiatek, Carli	FR	Wilson	27.80	28.32q	3
9 Gabriel, Katlyn	FR	Palisades	29.70	28.74	1
10 Prager, Natalie	SO	Notre Dame GP	29.90	28.96	3
11 Pechanec, Monica	SR	Notre Dame GP	29.90	29.10	3

Colonial League Track and Field Championships - 5/12/2011**Bangor Memorial Park****Results****....Girls 200 Meter Dash**

12	Solt, Lauryn	SO	Palmerton	28.20	29.32	2
13	Dibetta, Bridget		Pen Argyl	29.70	29.33	3
14	Vince, Kelsey	SO	Northern Lehigh	29.90	29.40	2
15	Kennedy, Katie	FR	Saucon Valley	29.90	29.43	1
16	Sostorecz, Sami	FR	Wilson	29.70	29.51	3
17	Thatcher, Brittany	SR	Palisades	29.90	29.54	1
18	Bishop, Jennifer	FR	Southern Lehigh	30.00	30.22	1
19	Sechrist, Rachel	SO	Salisbury	29.30	30.98	2

Girls 200 Meter Dash

Name	Year	School	Prelims	Finals	Points	
Finals						
1	Lombardo, Alyssa	SR	Saucon Valley	26.10	26.11	10
2	Reglas, Christelle	JR	Bangor	27.15	26.71	8
3	Weedling, Kendall	JR	Southern Lehigh	26.42	26.85	6
4	Gehman, Danielle	SO	Palisades	27.55	27.85	5
5	Pereira, Jessica	SO	Palmerton	27.64	28.31	4
6	Falcone, Amanda	JR	Bangor	27.87	28.58	3
7	Swiatek, Carli	FR	Wilson	28.32	28.59	2
8	Andrews, Sarah	SR	Palmerton	27.74	29.62	1

Girls 400 Meter Dash

Name	Year	School	Seed	Finals	H#	Points
1	Lombardo, Alyssa	SR	Saucon Valley	57.60	57.77	2 10
2	Weedling, Kendall	JR	Southern Lehigh	1:00.10	59.58	2 8
3	Kester, Amy	JR	Notre Dame GP	1:02.80	59.93	2 6
4	Kish, Sarah	SR	Saucon Valley	1:02.00	1:00.38	2 5
5	Pekurny, Lindsey	JR	Palmerton	1:03.34	1:01.70	2 4
6	Hartman, Katrina	SO	Nwl Girls	1:03.30	1:04.05	2 3
7	Kelly, Colleen	JR	Notre Dame GP	1:04.90	1:04.36	2 2
8	Primrsoe, Shea	SO	Wilson	1:07.00	1:05.86	1 1
9	Lambert, Lauren	JR	Bangor	1:06.40	1:06.52	2
9	Fornaro, Marissa	JR	Bangor	1:06.60	1:06.52	1
11	Dibetta, Bridget		Pen Argyl	1:07.80	1:06.78	1
12	Rutt, Alex	SR	Salisbury	1:08.50	1:07.22	1
13	Mummey, Morgan	SO	Palmerton	1:08.30	1:07.65	1
14	Snyder, Arissa	FR	Palmerton	1:07.20	1:08.58	1
15	Thatcher, Brittany	SR	Palisades	1:08.40	1:08.60	1
16	Brannon, Madison	FR	Wilson	1:08.80	1:09.62	1

Girls 800 Meter Run

Name	Year	School	Seed	Finals	Points	
1	Lombardo, Alyssa	SR	Saucon Valley	2:25.30	2:20.65	10
2	Kish, Sarah	SR	Saucon Valley	2:28.00	2:25.49	8
3	Yost, Haley	FR	Nwl Girls	2:25.90	2:26.16	6
4	Kelly, Kimberly	SR	Saucon Valley	2:26.30	2:28.06	5
5	Edwards, Erika	SO	Notre Dame GP	2:36.80	2:28.63	4
6	Smith, Lainie	JR	Saucon Valley	2:29.00	2:29.39	3
7	McDonald, Maria	SO	Southern Lehigh	2:32.60	2:30.40	2

Colonial League Track and Field Championships - 5/12/2011**Bangor Memorial Park****Results****....Girls 800 Meter Run**

8 Kelly, Colleen	JR Notre Dame GP	2:35.80	2:31.43	1
9 Farkas, Jill	SR Palmerton	2:34.90	2:36.74	
10 Yext, Kali	JR Southern Lehigh	2:37.80	2:38.92	
11 Grandfield, Rebekah	SO Southern Lehigh	2:39.30	2:39.40	
12 Keler, Nicole	SR Palisades	2:41.50	2:40.45	
13 Fornaro, Marissa	JR Bangor	2:41.00	2:40.95	
14 Sauer, Tehya	JR Palisades	2:46.10	2:41.90	
15 Yext, Kati	SO Southern Lehigh	2:44.40	2:42.12	
16 Evans, Vanessa	JR Palmerton	2:45.00	2:42.86	
17 Rodrigues, Kyla	SO Palmerton	2:44.00	2:42.88	
18 Constant, Rachel	JR Notre Dame GP	2:46.00	2:43.76	
19 Gouck, Hannah	FR Palisades	2:45.10	2:44.03	
20 Primrsoe, Shea	SO Wilson	2:36.90	2:44.21	
21 Hallet, Samantha	SO Bangor	2:37.00	2:44.28	
22 Mcatee, Brigette	FR Wilson	2:42.80	2:44.60	
-- Tomkins, Bryanna	SO Northern Lehigh	2:42.10	DQ	

Girls 1600 Meter Run

Name	Year School	Seed	Finals	Points
1 Yost, Haley	FR Nwl Girls	5:28.00	5:18.82	10
2 Kelly, Kimberly	SR Saucon Valley	5:40.00	5:27.49	8
3 Downing, Katie	SO Notre Dame GP	5:36.00	5:27.73	6
4 Colton, Meredith	FR Bangor	5:43.90	5:27.74	5
5 Stack, Megan	SR Saucon Valley	5:26.40	5:35.17	4
6 Sarnicky, Erica	JR Nwl Girls	5:52.00	5:38.07	3
7 Gonoude, Taylor	SR Salisbury	5:44.00	5:39.71	2
8 Ferrani, kristen	SR Saucon Valley	5:54.00	5:48.05	1
9 Stevko, Andrea	JR Palmerton	5:50.00	5:49.12	
10 Corcoran, Samantha	JR Northern Lehigh	5:53.00	5:51.29	
11 Keller, Laura	SR Palisades	5:50.10	5:53.22	
12 Lesko, Ashleigh	FR Wilson	6:00.40	5:53.49	
13 Figuccio, Julia	SO Bangor	5:59.80	5:54.02	
14 Bishop, Katherine	SO Southern Lehigh	5:59.70	5:54.49	
15 Fleck, Amanda	SO Palisades	6:02.50	5:55.60	
-- Smith, Lainie	JR Saucon Valley	5:23.00	DQ	

Girls 3200 Meter Run

Name	Year School	Seed	Finals	Points
1 Rivenbark, Chelsea	SR Southern Lehigh	11:47.00	11:52.40	10
2 Boehm, Natalie	JR Nwl Girls	12:12.00	12:11.39	8
3 Downing, Katie	SO Notre Dame GP	12:35.00	12:14.20	6
4 Colton, Meredith	FR Bangor	12:19.20	12:15.90	5
5 Kemmerer, Emma	JR Nwl Girls	12:21.10	12:21.05	4
6 Sarnicky, Erica	JR Nwl Girls	12:53.00	12:36.00	3
7 Gonoude, Taylor	SR Salisbury	12:44.00	12:39.20	2
8 Corcoran, Samantha	JR Northern Lehigh	12:49.50	12:42.20	1
9 Stevko, Andrea	JR Palmerton	12:44.00	12:57.65	
10 Ondush, Erin	SO Nwl Girls	13:18.00	13:02.90	
11 Lesko, Ashleigh	FR Wilson	13:06.20	13:05.00	
12 Ferrani, kristen	SR Saucon Valley	13:08.00	13:20.06	
13 Colton, Lindsey	SR Bangor	12:59.80	13:31.70	

Colonial League Track and Field Championships - 5/12/2011
Bangor Memorial Park
Results

....Girls 3200 Meter Run

14 Keller, Laura SR Palisades 12:44.80 13:46.00

Girls 100 Meter Hurdles

Name	Year	School	Seed	Prelims	H#
Preliminaries					
1 Williams, Ashley	FR	Wilson	16.10	16.04Q	3
2 Harding, Meryah	JR	Palisades	16.40	17.04Q	2
3 Romano, Kristen	SR	Palmerton	16.50	17.26Q	1
4 Dutt, Carla	SO	Wilson	17.50	17.05Q	3
5 Rossi, Alexa	SO	Palisades	16.90	17.44Q	2
6 Fiscella, Nicole	JR	Southern Lehigh	16.70	17.46Q	1
7 Sostorecz, Sami	FR	Wilson	17.50	17.77q	2
8 Martin, Hailey	JR	Bangor	17.40	17.91q	3
9 Ruggiero, Meghan	FR	Bangor	18.70	17.95	3
10 Mautino, Nicole	JR	Saucon Valley	18.00	18.06	1
11 Quinn, Breanna	JR	Palmerton	18.10	18.14	2
12 Uebele, Victoria	SR	Northern Lehigh	18.00	18.22	1
13 Horner, Paige	FR	Nwl Girls	19.00	18.41	1
14 Hoffert, Caitlin	SO	Saucon Valley	19.00	18.83	1
15 Garofalo, Katherine	SO	Notre Dame GP	19.70	19.10	1
16 Townes, Shantel	FR	Wilson	19.20	19.87	2
17 Hay, Samantha	FR	Bangor	19.20	19.92	3
18 Sherman, Alexis	FR	Notre Dame GP	19.50	19.96	1
19 Szmodis, Alexis	FR	Saucon Valley	20.50	20.14	3
20 Handwerk, Brianna	SO	Northern Lehigh	19.30	20.21	2
21 Gouck, Hannah	FR	Palisades	19.00	20.46	2
22 Jennings, Anneli	JR	Palisades	18.20	21.62	3

Girls 100 Meter Hurdles

Name	Year	School	Prelims	Finals	Points
Finals					
1 Williams, Ashley	FR	Wilson	16.04	16.05	10
2 Romano, Kristen	SR	Palmerton	17.26	16.45	8
3 Harding, Meryah	JR	Palisades	17.04	16.55	6
4 Dutt, Carla	SO	Wilson	17.05	17.05	5
5 Rossi, Alexa	SO	Palisades	17.44	17.32	4
6 Fiscella, Nicole	JR	Southern Lehigh	17.46	17.38	3
7 Martin, Hailey	JR	Bangor	17.91	17.85	2
8 Sostorecz, Sami	FR	Wilson	17.77	17.92	1

Girls 300 Meter Hurdles

Name	Year	School	Seed	Finals	H#	Points
1 Kester, Amy	JR	Notre Dame GP	48.00	48.53	2	10
2 Romano, Kristen	SR	Palmerton	50.90	49.20	2	8
3 Harding, Meryah	JR	Palisades	51.20	50.40	2	6
4 Dutt, Carla	SO	Wilson	51.10	50.87	2	5
5 Serson, Ali	JR	Wilson	51.80	51.27	2	4
6 Crowley, Vianna	SO	Bangor	53.50	51.46	1	3
7 Fiscella, Nicole	JR	Southern Lehigh	51.40	51.47	2	2

Colonial League Track and Field Championships - 5/12/2011**Bangor Memorial Park****Results****....Girls 300 Meter Hurdles**

8	Debski, Jessica	FR Palmerton	53.00	52.20	1	1
9	Carl, Casey	FR Wilson	52.00	52.53	2	
10	Horn, Nicole	SO Northern Lehigh	52.40	53.80	1	
11	Vough, Sara	SR Pen Argyl	53.90	53.83	1	
12	Horner, Paige	FR Nwl Girls	54.20	53.86	1	
13	Williams, Ashley	FR Wilson	52.20	54.00	2	
14	Martin, Hailey	JR Bangor	54.00	55.13	1	
15	Mautino, Nicole	JR Saucon Valley	54.30	57.07	1	
16	Hay, Samantha	FR Bangor	54.50	59.04	1	

Girls 4x100 Meter Relay

School	Seed	Finals	H#	Points
1 Palmerton 'A'	52.20	51.87	2	10
1) Rinfret, Casey SR				
2) Pereira, Jessica SO				
3) Romano, Kristen SR				
4) Andrews, Sarah SR				
2 Bangor 'A'	52.30	52.47	2	8
1) Falcone, Amanda JR				
2) Ruggiero, Meghan FR				
3) Hahn, Stephanie SR				
4) Reglas, Christelle JR				
3 Wilson 'A'	53.10	52.74	2	6
1) Dutt, Carla SO				
2) Carl, Casey FR				
3) Swiatek, Carli FR				
4) Mizack, Brandi FR				
4 Palisades 'A'	52.90	53.11	2	5
1) Gehman, Danielle SO				
2) Rossi, Alexa SO				
3) Thatcher, Brittany SR				
4) Harding, Meryah JR				
5 Northern Lehigh 'A'	55.10	54.67	2	4
1) Stauffer, Autumn SO				
2) Bastardi, Tina SO				
3) Barnett, Rachel JR				
4) Krawchuk, Erika SO				
6 Southern Lehigh 'A'	55.60	55.37	2	3
1) Bishop, Jennifer FR				
2) Moreira, Michelle SO				
3) Carney, Molly SO				
4) Herzog, Sophia SR				
7 Northwestern Lehigh Girls 'A'	55.70	55.61	2	2
1) Dietrich, Adrienne FR				
2) Smith, Haley				
3) Gulick, Jenny SR				
4) Black, Tori SR				
8 Notre Dame GP 'A'	57.50	56.84	1	1
1) Prager, Natalie SO				
2) Dainauski, Anna JR				
3) Megee, Amanda SO				
4) Sherman, Alexis FR				
-- Saucon Valley 'A'	56.70	DQ	1	
1) Kennedy, Katie FR				
2) Whitman, Kyla FR				
3) Gilmore, Bridget FR				
4) Fontenez, Venus				
-- Salisbury 'A'	55.10	DQ	2	
1) Kester, Hailey SR				
2) Sechrist, Rachel SO				
3) Reichenbach, Amanda SR				
4) Rutt, Alex SR				

Girls 4x400 Meter Relay

School	Seed	Finals	H#	Points
1 Notre Dame GP 'A'	4:17.40	4:15.53	2	10
1) Kester, Amy JR				
2) Downing, Katie SO				
3) Megee, Amanda SO				
4) Kelly, Colleen JR				
2 Southern Lehigh 'A'	4:24.50	4:15.54	2	8
1) Musgnung, Dana FR				
2) McDonald, Maria SO				
3) Moreira, Michelle SO				
4) Weedling, Kendall JR				

Colonial League Track and Field Championships - 5/12/2011**Bangor Memorial Park****Results****....Girls 4x400 Meter Relay**

3	Palmerton 'A'	4:28.30	4:19.23	2	6
	1) Rinfret, Casey SR	2) Debski, Jessica FR			
	3) Romano, Kristen SR	4) Pekurny, Lindsey JR			
4	Saucon Valley 'A'	4:23.00	4:24.44	2	5
	1) Kish, Sarah SR	2) Kelly, Kimberly SR			
	3) Kennedy, Katie FR	4) Gilmore, Bridget FR			
5	Palisades 'A'	4:27.80	4:27.08	2	4
	1) Gehman, Danielle SO	2) Keler, Nicole SR			
	3) Rossi, Alexa SO	4) Thatcher, Brittany SR			
6	Bangor 'A'	4:32.00	4:29.58	2	3
	1) Lambert, Lauren JR	2) Fornaro, Marissa JR			
	3) Crowley, Vianna SO	4) Frey, Tiffany SO			
7	Northwestern Lehigh Girls 'A'	4:34.40	4:35.19	2	2
	1) Groller, Jen SR	2) Yost, Haley FR			
	3) Horner, Paige FR	4) Hartman, Katrina SO			
8	Wilson 'A'	4:41.80	4:38.00	2	1
	1) Serson, Ali JR	2) Primrsoe, Shea SO			
	3) Mcatee, Brigette FR	4) Carl, Casey FR			
9	Northern Lehigh 'A'	4:55.70	4:51.94	1	
	1) Hertzke, Brittani JR	2) Fiske, Timmi JR			
	3) Sauerwine, Abbey FR	4) Horn, Nicole SO			
10	Salisbury 'A'	4:53.40	4:56.04	1	
	1) Heydt, Meredith SO	2) Rutt, Alex SR			
	3) Hamory, Sarah	4) Sechrist, Rachel SO			

Girls 4x800 Meter Relay

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School		Seed	Finals	Points	
=====		=====		=====	
1	Saucon Valley 'A'	10:34.00	9:56.02	10	
	1) Kish, Sarah SR	2) Stack, Megan SR			
	3) Smith, Lainie JR	4) Kelly, Kimberly SR			
2	Notre Dame GP 'A'	10:27.20	10:25.90	8	
3	Southern Lehigh 'A'	10:38.40	10:32.73	6	
	1) Musgnung, Dana FR	2) McDonald, Maria SO			
	3) Weigard, Jenna SO	4) Yext, Kali JR			
4	Palmerton 'A'	10:48.20	10:44.88	5	
	1) Farkas, Jill SR	2) Rodrigues, Kyla SO			
	3) Hartsell, Greta JR	4) Stevko, Andrea JR			
5	Bangor 'A'	10:41.00	10:45.70	4	
	1) Fornaro, Marissa JR	2) Cobb, Virginia FR			
	3) Hallet, Samantha SO	4) Staack, Jessica SO			
6	Palisades 'A'	10:55.30	10:59.45	3	
	1) Keler, Nicole SR	2) Brader, Jordan JR			
	3) Sauer, Tehya JR	4) Gouck, Hannah FR			
7	Wilson 'A'	11:07.50	11:12.23	2	
	1) Primrsoe, Shea SO	2) Nguyen, Nhi JR			
	3) Mcatee, Brigette FR	4) Fucci, Emily SR			
8	Northwestern Lehigh Girls 'A'	10:39.90	11:24.15	1	
	1) Alden, Lauren SO	2) Johnson, Elizabeth FR			
	3) Ondush, Erin SO	4) Boehm, Natalie JR			

Colonial League Track and Field Championships - 5/12/2011**Bangor Memorial Park****Results****Girls High Jump**

Name	Year	School	Seed	Finals	Points
1 Smith, Shaye	SO	Wilson	5-00.00	5-00.00	10
2 Keller, Laura	SR	Palisades	5-00.00	J5-00.00	8
3 Cole, Madeleine	SO	Southern Lehigh	4-10.00	4-10.00	4.50
3 Mizack, Brandi	FR	Wilson	5-00.00	4-10.00	4.50
3 Solt, Lauryn	SO	Palmerton	5-01.00	4-10.00	4.50
3 Nesfeder, Mary Paige	SO	Notre Dame GP	5-02.00	4-10.00	4.50
7 Groller, Jen	SR	Nwl Girls	4-06.00	4-06.00	2
8 Schanzenbach, Emma	JR	Saucon Valley	4-06.00	J4-06.00	0.33
8 Everett, Nycole	SR	Nwl Girls	4-10.00	J4-06.00	0.33
8 Stauffer, Autumn	SO	Northern Lehigh	5-00.00	J4-06.00	0.33
9 Vough, Sara	SR	Pen Argyl	4-10.00	J4-06.00	
9 Hoferica, Morgan	SR	Palisades	4-08.00	J4-06.00	
-- Reichenbach, Amanda	SR	Salisbury	4-06.00	NH	
-- Gabriel, Katlyn	FR	Palisades	4-08.00	NH	
-- Krawchuk, Erika	SO	Northern Lehigh	4-06.00	NH	
-- Cassar, Nicole	SR	Salisbury	4-08.00	NH	
-- Lehr, Kalyn	JR	Palmerton	4-08.00	NH	

Girls Pole Vault

Name	Year	School	Seed	Finals	Points
1 Pechanec, Monica	SR	Notre Dame GP	12-00.00	11-09.00	10
2 Kester, Hailey	SR	Salisbury	11-06.00	11-06.00	8
3 Herzog, Sophia	SR	Southern Lehigh	9-06.00	9-00.00	6
4 Doherty, Samantha	SO	Palmerton	9-00.50	8-06.00	4.50
4 Salvemini, Michelle	JR	Bangor	8-06.00	8-06.00	4.50
6 James, Kayla	SR	Catasauqua	9-00.00	J8-06.00	3
7 Kester, Leah	JR	Nwl Girls	7-06.00	7-06.00	2
8 Doherty, Michayla	SO	Palmerton	7-06.00	J7-06.00	0.50
8 Koch, Taryn	SO	Saucon Valley	8-00.00	J7-06.00	0.50
10 Winneberger, Sarah	SO	Pen Argyl	7-00.00	7-00.00	
10 Hoffert, Caitlin	SO	Saucon Valley	7-06.00	7-00.00	
10 Constant, Rachel	JR	Notre Dame GP	7-00.00	7-00.00	
13 Adams, Emily		Palisades	7-00.00	6-06.00	
13 Goy, Kaitlin	JR	Saucon Valley	7-00.00	6-06.00	
-- Sostorecz, Sami	FR	Wilson	7-00.00	NH	

Girls Long Jump

Name	Year	School	Seed	Prelims
Preliminaries				
1 Reglas, Christelle	JR	Bangor	16-06.75	15-04.00q
2 Rinfret, Casey	SR	Palmerton	15-10.00	15-00.25q
3 Vough, Sara	SR	Pen Argyl	16-05.00	15-00.00q
4 Swiatek, Carli	FR	Wilson	15-05.00	14-03.00q
5 Gulick, Jenny	SR	Nwl Girls	14-10.00	14-00.25q
6 Moreira, Michelle	SO	Southern Lehigh	16-01.00	14-00.00q
6 Black, Tori	SR	Nwl Girls	15-00.25	14-00.00q
8 Doherty, Samantha	SO	Palmerton	14-05.25	13-11.25q
9 Reichenbach, Amanda	SR	Salisbury	14-07.00	13-11.00q
10 Herzog, Sophia	SR	Southern Lehigh	15-03.00	13-10.50

Colonial League Track and Field Championships - 5/12/2011**Bangor Memorial Park****Results****....Girls Long Jump**

11 Codd, Darby	JR Palisades	15-02.50	13-10.00
12 Carney, Molly	SO Southern Lehigh	14-10.50	13-03.50
13 Dainauski, Anna	JR Notre Dame GP	14-04.00	13-01.50
14 Gabriel, Katlyn	FR Palisades	15-03.50	13-01.00
15 Sunners, Meghan	SO Southern Lehigh	14-03.50	13-00.50
-- Lively, Leigh Ann	SR Notre Dame GP	14-10.50	ND

Girls Long Jump

Name	Year School	Prelims	Finals	Points
Finals				
1 Vough, Sara	SR Pen Argyl	15-00.00	15-04.00	10
2 Reglas, Christelle	JR Bangor	15-04.00	15-00.50	8
3 Rinfret, Casey	SR Palmerton	15-00.25	15-00.00	6
4 Black, Tori	SR Nwl Girls	14-00.00	14-11.00	5
5 Swiatek, Carli	FR Wilson	14-03.00	14-08.00	4
6 Gulick, Jenny	SR Nwl Girls	14-00.25	14-06.75	3
7 Moreira, Michelle	SO Southern Lehigh	14-00.00	14-02.50	2
8 Doherty, Samantha	SO Palmerton	13-11.25	13-11.25	1
9 Reichenbach, Amanda	SR Salisbury	13-11.00	13-00.00	

Girls Triple Jump

Name	Year School	Seed	Prelims
Preliminaries			
1 Vough, Sara	SR Pen Argyl	35-04.00	34-05.00q
2 Cole, Madeleine	SO Southern Lehigh	32-04.00	32-04.00q
3 Reichenbach, Amanda	SR Salisbury	32-08.50	31-04.75q
4 Doherty, Samantha	SO Palmerton	32-02.25	31-04.00q
5 Dutt, Carla	SO Wilson	32-01.75	31-01.00q
6 Schanzenbach, Emma	JR Saucon Valley	30-02.50	30-00.50q
7 Pereira, Jessica	SO Palmerton	32-04.00	29-10.00q
7 Greaney, Allison	SR Palisades	30-10.00	29-10.00q
7 Black, Tori	SR Nwl Girls	30-10.50	29-10.00q
10 Rossi, Alexa	SO Palisades	31-06.25	29-06.50
11 Salvemini, Michelle	JR Bangor	31-01.25	29-05.00
12 Sunners, Meghan	SO Southern Lehigh	30-10.50	29-01.00
13 Hoferica, Morgan	SR Palisades	32-01.00	28-11.50
14 Oertner, Aimee	JR Northern Lehigh	30-06.75	28-06.00
15 Solt, Lauryn	SO Palmerton	30-10.50	27-06.50

Girls Triple Jump

Name	Year School	Prelims	Finals	Points
Finals				
1 Vough, Sara	SR Pen Argyl	34-05.00	34-07.75	10
2 Cole, Madeleine	SO Southern Lehigh	32-04.00	32-04.00	8
3 Reichenbach, Amanda	SR Salisbury	31-04.75	31-08.25	6
4 Doherty, Samantha	SO Palmerton	31-04.00	31-06.00	5
5 Pereira, Jessica	SO Palmerton	29-10.00	31-01.00	4
6 Dutt, Carla	SO Wilson	31-01.00	J31-01.00	3
7 Black, Tori	SR Nwl Girls	29-10.00	30-02.00	2

Colonial League Track and Field Championships - 5/12/2011
Bangor Memorial Park
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....Girls Triple Jump

8 Schanzenbach, Emma	JR Saucon Valley	30-00.50	30-00.50	1
9 Greaney, Allison	SR Palisades	29-10.00	29-10.00	

Girls Shot Put

Name	Year School	Seed	Prelims
Preliminaries			
1 Hay, Kelsey	JR Palmerton	36-01.50	37-08.50q
2 Oertner, Aimee	JR Northern Lehigh	32-04.50	34-00.50q
3 Schiavone, Stani	SR Bangor	31-06.50	32-07.25q
4 Murray, Sarah	SR Nwl Girls	31-09.00	31-03.00q
5 Baab, Sara	SR Saucon Valley	30-02.00	30-01.75q
6 Snyder, Jen	JR Palmerton	29-04.00	29-06.25q
7 Carson, Gabrielle	JR Wilson	32-02.00	29-00.50q
8 Skibo, Holly	JR Palisades	28-11.00	28-07.75q
9 Duch, Megan	SR Catasauqua	29-04.00	28-03.00q
10 Bundra, Shannon	SO Catasauqua	29-08.50	27-10.25
11 Bittner, Hannah	SR Nwl Girls	27-06.00	27-02.50
12 Oertner, Lauren	SR Northern Lehigh	27-06.00	27-00.25
13 Everett, Nycole	SR Nwl Girls	29-01.00	26-10.75
14 Josephson, Sonya	SR Northern Lehigh	27-06.50	26-04.00
15 Vass, Jasmine	FR Bangor	28-03.00	26-03.50
16 Rozenkranz, Melissa	JR Wilson	28-03.00	25-05.00

Girls Shot Put

Name	Year School	Prelims	Finals	Points
Finals				
1 Hay, Kelsey	JR Palmerton	37-08.50	37-08.50	10
2 Oertner, Aimee	JR Northern Lehigh	34-00.50	34-00.50	8
3 Schiavone, Stani	SR Bangor	32-07.25	32-07.25	6
4 Murray, Sarah	SR Nwl Girls	31-03.00	32-02.00	5
5 Snyder, Jen	JR Palmerton	29-06.25	31-02.25	4
6 Baab, Sara	SR Saucon Valley	30-01.75	30-01.75	3
7 Carson, Gabrielle	JR Wilson	29-00.50	29-00.50	2
8 Skibo, Holly	JR Palisades	28-07.75	28-07.75	1
9 Duch, Megan	SR Catasauqua	28-03.00	28-03.00	

Girls Discus Throw

Name	Year School	Seed	Prelims
Preliminaries			
1 Nesfeder, Mary Paige	SO Notre Dame GP	98-05	104-04q
2 Vass, Jasmine	FR Bangor	94-00	94-03q
3 Baab, Sara	SR Saucon Valley	83-10	94-00q
4 Schiavone, Stani	SR Bangor	97-08	91-07q
5 Roberson, Mya	JR Bangor	90-04	91-03q
6 Hahn, Stephanie	SR Bangor	83-10	90-03q
7 Oertner, Aimee	JR Northern Lehigh	95-09	90-00q
8 Everett, Nycole	SR Nwl Girls	92-05	85-08q
9 Rozenkranz, Melissa	JR Wilson	96-04	85-06q
10 Hay, Kelsey	JR Palmerton	102-04	83-04

Colonial League Track and Field Championships - 5/12/2011**Bangor Memorial Park****Results****....Girls Discus Throw**

11 Quinn, Erin	JR Southern Lehigh	93-05	79-08
12 Moyer, Taylor	SR Pen Argyl	85-02	77-02
13 Young, Angela	SO Wilson	91-08	75-10
14 Reily, Kayli	SO Saucon Valley	80-06	69-03

Girls Discus Throw

Name	Year School	Prelims	Finals	Points
Finals				
1 Nesfeder, Mary Paige	SO Notre Dame GP	104-04	104-04	10
2 Vass, Jasmine	FR Bangor	94-03	98-08	8
3 Baab, Sara	SR Saucon Valley	94-00	94-00	6
4 Schiavone, Stani	SR Bangor	91-07	91-07	5
5 Roberson, Mya	JR Bangor	91-03	91-03	4
6 Hahn, Stephanie	SR Bangor	90-03	90-03	3
7 Oertner, Aimee	JR Northern Lehigh	90-00	90-00	2
8 Rozenkranz, Melissa	JR Wilson	85-06	88-02	1
9 Everett, Nycole	SR Nwl Girls	85-08	85-08	

Girls Javelin Throw

Name	Year School	Seed	Prelims
Preliminaries			
1 Hay, Kelsey	JR Palmerton	134-07	126-07q
2 Josephson, Sonya	SR Northern Lehigh	117-07	109-06q
3 Bastardi, Tina	SO Northern Lehigh	102-08	104-04q
4 Vass, Jasmine	FR Bangor	109-10	102-05q
5 Murray, Sarah	SR Nwl Girls	91-01	92-10q
6 Hahn, Stephanie	SR Bangor	99-11.50	91-10q
7 Nesfeder, Mary Paige	SO Notre Dame GP	91-05	91-02q
8 Oertner, Lauren	SR Northern Lehigh	88-01	89-05q
9 Oertner, Aimee	JR Northern Lehigh	86-01.50	89-02q
10 Freed, Kennedy	SO Salisbury	92-00	85-08
11 Schiavone, Stani	SR Bangor	100-02	85-05
12 Payung, Kelsey	SO Saucon Valley	86-03	84-11
13 Rivera, Lauren	Nwl Girls	89-07	82-10
14 Bittner, Hannah	SR Nwl Girls	88-03	82-00
15 Braham, Hailey	Pen Argyl	87-01	79-02

Girls Javelin Throw

Name	Year School	Prelims	Finals	Points
Finals				
1 Hay, Kelsey	JR Palmerton	126-07	126-07	10
2 Josephson, Sonya	SR Northern Lehigh	109-06	109-06	8
3 Bastardi, Tina	SO Northern Lehigh	104-04	107-08	6
4 Vass, Jasmine	FR Bangor	102-05	102-05	5
5 Nesfeder, Mary Paige	SO Notre Dame GP	91-02	98-10	4
6 Murray, Sarah	SR Nwl Girls	92-10	92-10	3
7 Hahn, Stephanie	SR Bangor	91-10	91-00	2
8 Oertner, Lauren	SR Northern Lehigh	89-05	89-05	1
9 Oertner, Aimee	JR Northern Lehigh	89-02	89-02	

Colonial League Track and Field Championships - 5/12/2011**Bangor Memorial Park****Results****Boys 100 Meter Dash**

Name	Year	School	Seed	Prelims	H#
Preliminaries					
1 Foulke, Alex	SR	Salisbury	11.10	11.34Q	1
2 Burton, Sa'Quon	JR	Catasauqua	11.20	11.53Q	2
3 Wing, Josh	JR	Bangor	11.20	11.58Q	3
4 Brown, Alex	SR	Catasauqua	11.10	11.48Q	1
5 Robinson, Trey		Wilson	11.10	11.57Q	2
6 Hill, Deonte	SR	Catasauqua	11.00	11.60Q	3
7 Burton, Ravon		Catasauqua	11.40	11.51q	1
8 Kirsch, Nick	SR	Southern Lehigh	11.30	11.63q	3
9 Naugle, Matthew	JR	Nwl Boys	11.60	11.64	2
10 Miata, Dallas	JR	Palmerton	11.40	11.65	2
11 Szukics, Monty	JR	Palmerton	11.70	11.72	3
12 Havens, Ryan	JR	Bangor	11.30	11.78	1
13 Georges, Juvany	SO	Notre Dame GP	11.50	11.82	3
14 Rodriguez, Nick	JR	Notre Dame GP	11.60	11.83	2
15 Burris, Philip	JR	Southern Lehigh	11.50	11.88	1
16 Bowles, Kyree	JR	Notre Dame GP	11.30	11.93	2
17 Altorfer, Steven	SR	Bangor	11.50	11.94	1
18 Barnett, Matt	SO	Southern Lehigh	11.70	11.95	2
19 Campbell, Patrick	JR	Palisades	11.60	11.97	3
20 Winkler, Austin	SR	Wilson	11.70	11.98	1
21 Snyder, Ben	JR	Nwl Boys	11.60	11.99	3
22 Zimmerman, William	JR	Pen Argyl	11.70	12.11	1
23 Sacks, Jarred	FR	Palmerton	11.50	12.17	2
24 Woerner, Greg	JR	Pen Argyl	11.40	12.82	3

Boys 100 Meter Dash

Name	Year	School	Prelims	Finals	Points
Finals					
1 Foulke, Alex	SR	Salisbury	11.34	11.23	10
2 Brown, Alex	SR	Catasauqua	11.48	11.24	8
3 Hill, Deonte	SR	Catasauqua	11.60	11.32	6
4 Kirsch, Nick	SR	Southern Lehigh	11.63	11.36	5
5 Wing, Josh	JR	Bangor	11.58	11.42	4
6 Burton, Sa'Quon	JR	Catasauqua	11.53	11.47	3
7 Burton, Ravon		Catasauqua	11.51	11.61	2
8 Robinson, Trey		Wilson	11.57	11.65	1

Boys 200 Meter Dash

Name	Year	School	Seed	Prelims	H#
Preliminaries					
1 Foulke, Alex	SR	Salisbury	23.20	22.95Q	1
2 Burton, Sa'Quon	JR	Catasauqua	23.20	23.74Q	2
3 Robinson, Trey		Wilson	23.50	23.42Q	1
4 Naugle, Matthew	JR	Nwl Boys	23.80	23.77Q	2
5 Miata, Dallas	JR	Palmerton	23.60	23.82q	1
6 Wirfel, Joseph	SR	Northern Lehigh	23.30	23.85q	1
7 Havens, Ryan	JR	Bangor	23.40	23.94q	2
8 Rodriguez, Nick	JR	Notre Dame GP	23.50	23.97q	2

Colonial League Track and Field Championships - 5/12/2011**Bangor Memorial Park****Results****....Boys 200 Meter Dash**

9	Dannenhower, Tom	SR Palisades	24.10	24.18q	1
10	Snyder, Ben	JR Nwl Boys	24.40	24.22q	1
11	Alexander, Dysean	JR Notre Dame GP	24.20	24.24q	2
12	Hagenbach, Jared	Saucon Valley	24.50	24.25q	2
13	Winkler, Austin	SR Wilson	24.20	24.42q	1
14	Sesay, Abdul	SR Wilson	24.30	24.70q	2
15	Voag, Christopher	SR Saucon Valley	24.10	24.72	2
16	Reinhardt, Alex	SO Southern Lehigh	24.40	24.95	1
--	Kirsch, Nick	SR Southern Lehigh	23.50	NT	3
--	Georges, Juvany	SO Notre Dame GP	23.90	NT	3
--	Stanell, Tony	SR Palisades	24.60	NT	3
--	Altorfer, Steven	SR Bangor	23.50	NT	3
--	Brown, Alex	SR Catasauqua	22.80	NT	3
--	McKelley, Dakota	JR Salisbury	24.00	NT	3
--	Barnett, Matt	SO Southern Lehigh	24.30	NT	3
--	Vignone, Alex	SO Palmerton	24.30	NT	3

Boys 200 Meter Dash

Name	Year School	Prelims	Finals	H#	Points
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Finals

1	Foulke, Alex	SR Salisbury	22.95	23.43	2	10
2	Wirfel, Joseph	SR Northern Lehigh	23.85	23.66	1	8
3	Brown, Alex	SR Catasauqua		23.79	2	6
4	Kirsch, Nick	SR Southern Lehigh		23.93	2	5
5	Georges, Juvany	SO Notre Dame GP		23.99	1	4
6	Burton, Sa'Quon	JR Catasauqua	23.74	24.00	2	3
7	Naugle, Matthew	JR Nwl Boys	23.77	24.06	2	2
8	Havens, Ryan	JR Bangor	23.94	24.09	1	1
9	Miata, Dallas	JR Palmerton	23.82	24.10	1	
10	McKelley, Dakota	JR Salisbury		24.43	1	
11	Altorfer, Steven	SR Bangor		24.90	2	
12	Robinson, Trey	Wilson	23.42	25.20	2	

Boys 400 Meter Dash

Name	Year School	Seed	Finals	H#	Points
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1	Foulke, Alex	SR Salisbury	51.60	51.53	2	10
2	Johnson, Caleb	SO Northern Lehigh	52.50	52.19	2	8
3	Robinson, Trey	Wilson	52.40	52.43	2	6
4	Wagner, Joey	SR Pen Argyl	52.70	52.73	2	5
5	Bergey, Collin	SO Southern Lehigh	53.70	53.03	2	4
6	Wirfel, Joseph	SR Northern Lehigh	52.80	53.13	2	3
7	Felix, Spencer	JR Saucon Valley	54.00	53.35	1	2
8	Bardell, Richard	JR Palisades	54.20	53.59	1	1
9	Woerner, Greg	JR Pen Argyl	54.80	53.79	1	
10	Petrik, David	SR Notre Dame GP	52.50	54.03	2	
11	Orecchio, Zach	JR Palisades	54.20	54.32	1	
12	Boyle, Colin	SR Bangor	53.30	54.46	2	
13	Ball, Shaun	FR Notre Dame GP	55.80	54.73	1	
14	Furry, Derek	SR Palmerton	54.30	54.89	1	
15	Dockry, Cody	JR Bangor	55.60	55.09	1	
16	Johnson, Mark	SR Bangor	55.60	55.99	1	

Colonial League Track and Field Championships - 5/12/2011
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Results

Boys 800 Meter Run

Name	Year	School	Seed	Finals	Points
1 Fritz, Sean	SR	Wilson	1:56.40	2:00.15	10
2 Seemiller, Kevin	SR	Palmerton	2:04.40	2:03.41	8
3 Weikel, Sage	JR	Palisades	2:01.70	2:03.86	6
4 Handley, Matt	JR	Wilson	2:05.30	2:06.10	5
5 Colletti, Justin	JR	Palisades	2:08.90	2:07.35	4
6 Loew, Seth	JR	Southern Lehigh	2:08.80	2:07.86	3
7 Pruszynski, David	JR	Notre Dame GP	2:09.20	2:08.60	2
8 Mease, Keenan	SR	Wilson	2:04.80	2:09.75	1
9 Powell, Garret	JR	Saucon Valley	2:09.70	2:09.87	
10 Middaugh, Darien	SO	Northern Lehigh	2:07.57	2:10.20	
11 Cross, Steven	JR	Southern Lehigh	2:05.90	2:11.09	
12 Busher, Eric	JR	Notre Dame GP	2:13.20	2:11.17	
13 McGinty, Ryan	SO	Southern Lehigh	2:06.70	2:12.04	
14 McAtee, Chris	SR	Wilson	2:13.00	2:12.27	
15 Rolek, Kory	SR	Wilson	2:10.20	2:12.30	
16 Rackish, Mark	JR	Notre Dame GP	2:15.00	2:12.94	
17 Duraes, Shane	SO	Wilson	2:14.40	2:12.97	
18 Kelly, John	SR	Bangor	2:12.00	2:13.40	
19 Stafford, Amir	JR	Wilson	2:14.40	2:14.86	
20 Patti, Nicholas	JR	Bangor	2:07.20	2:15.00	
21 Fritz, Brandon	FR	Wilson	2:14.20	2:15.50	
22 Marant, Dan	SO	Southern Lehigh	2:13.90	2:17.01	
23 Bartleson, Zach	JR	Pen Argyl	2:12.50	2:18.08	
24 Wagner, Joey	SR	Pen Argyl	2:13.00	2:33.94	

Boys 1600 Meter Run

Name	Year	School	Seed	Finals	Points
1 Stelmack, Tyler	SO	Nwl Boys	4:41.30	4:38.10	10
2 McAtee, Rory	SR	Wilson	4:45.50	4:43.02	8
3 Weikel, Sage	JR	Palisades	4:46.80	4:44.40	6
4 Patti, Nicholas	JR	Bangor	4:46.60	4:45.56	5
5 Seemiller, Kevin	SR	Palmerton	4:47.40	4:48.00	4
6 Brinkley, Anthony	SO	Catasauqua	4:56.30	4:49.96	3
7 Powell, Garret	JR	Saucon Valley	4:56.50	4:50.70	2
8 Rolek, Kory	SR	Wilson	4:45.90	4:51.86	1
9 McGinty, Ryan	SO	Southern Lehigh	4:50.50	4:52.67	
10 O'Malley, Ryan	JR	Southern Lehigh	4:46.90	4:52.70	
11 McAtee, Chris	SR	Wilson	4:49.70	4:53.59	
12 Bartleson, Zach	JR	Pen Argyl	4:56.90	4:55.70	
13 Fritzinger, Nathan	FR	Saucon Valley	4:55.00	4:56.52	
14 Strobel, Patrick	SO	Nwl Boys	4:52.00	4:58.70	
15 Handley, Matt	JR	Wilson	4:53.60	4:59.08	
16 Gouck, Mike	JR	Southern Lehigh	4:58.60	4:59.10	

Boys 3200 Meter Run

Name	Year	School	Seed	Finals	Points
1 Thatcher, Trey	SO	Wilson	10:06.00	10:09.15	10
2 White, Wade	SO	Bangor	10:10.40	10:10.85	8
3 Flank, Jaryd	SO	Wilson	10:18.50	10:19.46	6

Colonial League Track and Field Championships - 5/12/2011**Bangor Memorial Park****Results****....Boys 3200 Meter Run**

4	McAtee, Rory	SR	Wilson	10:16.30	10:22.86	5
5	DeSario, Timothy	SR	Bangor	10:36.30	10:24.60	4
6	Sutherland, Michael	JR	Saucon Valley	10:43.00	10:37.65	3
7	Blaydon, Collin	JR	Palisades	10:45.40	10:46.42	2
8	Brinkley, Anthony	SO	Catasauqua	10:55.90	10:48.46	1
9	Strobel, Patrick	SO	Nwl Boys	11:01.70	10:50.06	
10	O'Malley, Ryan	JR	Southern Lehigh	11:02.40	10:59.94	
11	Stevens, Alex	JR	Notre Dame GP	11:08.80	11:00.67	
12	Fritzinger, Nathan	FR	Saucon Valley	10:58.80	11:04.90	
13	Danish, Austin	SR	Northern Lehigh	11:15.60	11:09.31	
14	Kurtz, Gregory	SR	Saucon Valley	11:07.00	11:19.00	
15	Cerrone, Ryan	FR	Nwl Boys	11:04.00	11:21.10	
16	Stelmack, Tyler	SO	Nwl Boys	10:26.30	12:30.86	

Boys 110 Meter Hurdles

=====						
Name	Year	School	Seed	Prelims	H#	
=====						
Preliminaries						
1	Scott, Kowan	SR	Wilson	13.70	14.31Q	3
2	Anderson, Kevin	SR	Southern Lehigh	15.00	15.62Q	2
3	Bradley, Chrisson	SR	Bangor	15.50	15.69Q	1
4	Getz, David	JR	Northern Lehigh	15.80	16.22Q	1
5	Lascelle, Kyle	SR	Saucon Valley	16.50	16.37Q	2
6	Johnson, Dalton	JR	Northern Lehigh	16.30	16.42Q	3
7	Garcia, Pedro	SR	Bangor	16.20	16.40q	2
8	Falcone, Dan	SR	Bangor	16.20	16.48q	3
9	Lutz, Fred	SR	Notre Dame GP	16.60	16.65	1
10	Marsh, Danny	SO	Northern Lehigh	16.80	17.01	3
11	Brandt, Jason	JR	Pen Argyl	16.60	17.02	2
12	Corliss, Brook	SR	Palisades	17.30	17.11	2
13	Rivardo, Ken	SR	Notre Dame GP	16.60	17.12	1
14	Comisky, Daniel	SR	Wilson	17.10	17.14	1
15	Wolfe, Travis	JR	Palmerton	17.00	17.24	1
16	Muscavage, Caleb	SO	Palmerton	16.90	17.33	2
17	Clymer, Bobby	SR	Nwl Boys	16.80	17.38	3
18	Martin, Isaac	JR	Saucon Valley	17.90	17.42	2
19	O'Sullivan, Michael	SR	Notre Dame GP	17.70	17.64	3
20	Colmen, Fred	SO	Wilson	18.00	18.09	1
21	Jarjous, Bazz	JR	Nwl Boys	18.20	18.17	3
22	Hofmann, Michael	SR	Northern Lehigh	18.10	18.54	2
23	Boyle, Colin	SR	Bangor	17.40	18.88	3
--	Wing, Noah	SO	Bangor	17.90	DQ	1

Boys 110 Meter Hurdles

=====						
Name	Year	School	Prelims	Finals	Points	
=====						
Finals						
1	Scott, Kowan	SR	Wilson	14.31	14.17	10
2	Anderson, Kevin	SR	Southern Lehigh	15.62	15.28	8
3	Bradley, Chrisson	SR	Bangor	15.69	15.54	6
4	Getz, David	JR	Northern Lehigh	16.22	15.92	5
5	Lascelle, Kyle	SR	Saucon Valley	16.37	16.35	4
6	Garcia, Pedro	SR	Bangor	16.40	16.54	3

Colonial League Track and Field Championships - 5/12/2011**Bangor Memorial Park****Results****....Boys 110 Meter Hurdles**

7	Falcone, Dan	SR Bangor	16.48	16.70	2
8	Johnson, Dalton	JR Northern Lehigh	16.42	17.02	1

Boys 300 Meter Hurdles

Name	Year	School	Seed	Finals	H#	Points
1	Scott, Kowan	SR Wilson	38.20	37.96	2	10
2	Falcone, Dan	SR Bangor	40.70	40.57	2	8
3	Johnson, Caleb	SO Northern Lehigh	41.50	42.22	2	6
4	Rivardo, Ken	SR Notre Dame GP	43.60	42.44	2	5
5	Lascelle, Kyle	SR Saucon Valley	41.70	42.50	2	4
6	Martin, Isaac	JR Saucon Valley	44.20	43.25	1	3
7	Muscavage, Caleb	SO Palmerton	43.80	43.38	1	2
8	Clymer, Bobby	SR Nwl Boys	44.50	43.81	1	1
9	Bradley, Chrisson	SR Bangor	42.30	44.40	2	
10	Comisky, Daniel	SR Wilson	44.40	44.44	1	
11	Molseed, Max	SR Salisbury	44.70	44.46	1	
12	Hofmann, Michael	SR Northern Lehigh	45.20	45.31	1	
13	Anderson, Kevin	SR Southern Lehigh	40.00	45.68	2	
14	Stetler, Greg	SR Wilson	44.80	45.88	1	
15	Wolfe, Travis	JR Palmerton	44.49	46.85	1	
16	Brandt, Jason	JR Pen Argyl	43.50	47.84	2	

Boys 4x100 Meter Relay

School	Seed	Finals	H#	Points
1 Catasauqua 'A'	43.60	43.90	2	10
1) Burton, Sa'Quon JR				
3) Brown, Alex SR				
2 Palmerton 'A'	45.30	44.93	2	8
1) Wolfe, Travis JR				
3) Vignone, Alex SO				
3 Notre Dame GP 'A'	46.60	45.77	2	6
1) Rodriguez, Nick JR				
3) Hughes, Connor JR				
4 Southern Lehigh 'A'	46.00	46.03	2	5
1) Barnett, Matt SO				
3) Burris, Philip JR				
5 Palisades 'A'	46.00	46.10	2	4
1) Stanell, Tony SR				
3) Caughey, Luke SO				
6 Bangor 'A'	46.20	46.43	2	3
1) Ruggiero, Jonah JR				
3) Havens, Ryan JR				
7 Northern Lehigh 'A'	47.10	46.92	1	2
1) Rankin, Carter SR				
3) Getz, David JR				
8 Saucon Valley 'A'	47.80	47.02	1	1
9 Wilson 'A'	46.90	47.47	2	
1) Winkler, Austin SR				
3) Sesay, Abdul SR				
10 Northwestern Lehigh Boys 'A'	50.10	49.39	1	
1) Supplee, Delno JR				
2) Frisch, Mike FR				

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3) Rich, Jordan JR

4) Rich, Nicholas SO

Boys 4x400 Meter Relay

School	Seed	Finals	H#	Points
1 Wilson 'A'	3:26.80	3:27.40	2	10
2 Southern Lehigh 'A'	3:38.70	3:34.32	2	8
3 Palisades 'A'	3:37.90	3:35.57	2	6
4 Northern Lehigh 'A'	3:40.60	3:35.98	2	5
5 Pen Argyl 'A'	3:40.70	3:36.51	2	4
6 Bangor 'A'	3:41.30	3:39.89	2	3
7 Notre Dame GP 'A'	3:43.20	3:40.97	2	2
1) Petrik, David SR				
2) Rackish, Mark JR				
3) Pruszynski, David JR				
4) Ball, Shaun FR				
8 Saucon Valley 'A'	3:45.90	3:43.80	2	1
1) Mamay, Christopher SO				
2) Felix, Spencer JR				
3) Voag, Christopher SR				
4) Hagenbach, Jared				
9 Salisbury 'A'	3:47.90	4:47.75	1	
10 Northwestern Lehigh Boys 'A'	3:58.50	4:48.24	1	

Boys 4x800 Meter Relay

School	Seed	Finals	Points
1 Wilson 'A'	8:28.30	8:22.46	10
1) Rolek, Kory SR			
2) Handley, Matt JR			
3) Mease, Keenan SR			
4) Fritz, Sean SR			
2 Palisades 'A'	8:24.80	8:29.58	8
1) Bardell, Richard JR			
2) Colletti, Justin JR			
3) Blaydon, Collin JR			
4) Weikel, Sage JR			
3 Saucon Valley 'A'	8:48.00	8:30.07	6
1) Stauffer, Andrew SR			
2) Powell, Garret JR			
3) Fritzinger, Nathan FR			
4) Lascelle, Kyle SR			
4 Southern Lehigh 'A'	8:33.70	8:35.44	5
1) Cross, Steven JR			
2) McGinty, Ryan SO			
3) Loew, Seth JR			
4) Marant, Dan SO			
5 Notre Dame GP 'A'	8:41.80	8:35.98	4
1) Rackish, Mark JR			
2) Weekes, Daniel FR			
3) Busher, Eric JR			
4) Stevens, Alex JR			
6 Bangor 'A'	8:46.90	8:36.12	3
1) Patti, Nicholas JR			
2) Kelly, John SR			
3) White, Wade SO			
4) Dockry, Cody JR			
7 Salisbury 'A'	9:39.60	8:54.96	2
1) Walters, Tommy SO			
2) Golden, Patrick FR			
3) Collins, Garrett SO			
4) Ritz, Lewis SR			
8 Pen Argyl 'A'		9:39.40	1

Boys High Jump

Name	Year School	Seed	Finals	Points
1 Ehret, Brad	SO Palmerton	6-02.00	6-00.00	10
2 Johnson, Dalton	JR Northern Lehigh	5-10.00	5-10.00	7
2 Bradley, Chrisson	SR Bangor	5-10.00	5-10.00	7

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4	Peters, Devon	SR	Wilson	6-00.00	J5-10.00	5
5	Blaydon, Collin	JR	Palisades	6-01.00	J5-10.00	4
6	Santos, PJ	JR	Notre Dame GP	5-08.00	J5-10.00	3
7	Wing, Josh	JR	Bangor	5-10.50	J5-10.00	2
8	Reichenbach, Dan	SO	Salisbury	5-10.00	5-08.00	1
9	Johnson, Caleb	SO	Northern Lehigh	5-10.00	J5-08.00	
10	Thieme, Joe	SR	Catasauqua	5-08.00	5-06.00	
11	Hughes, Connor	JR	Notre Dame GP	5-08.00	5-04.00	
11	Swan, Mike	JR	Southern Lehigh	5-10.00	5-04.00	
--	Hanzlik, Robby	SR	Northern Lehigh	6-00.00	NH	
--	Garcia, Pedro	SR	Bangor	5-06.25	NH	
--	Mast, Isaiah	JR	Salisbury	5-08.00	NH	
--	Caughey, Luke	SO	Palisades	5-08.00	NH	

Boys Pole Vault

Name	Year	School	Seed	Finals	Points	
1	Nicholas, Drew	SR	Bangor	14-00.00	13-09.00	10
2	Witmer, Austin	JR	Pen Argyl	13-00.00	13-04.00	8
3	Mitchell, Colton	JR	Palisades	13-00.00	12-09.00	6
4	Olexson, Dave	JR	Wilson	11-06.00	10-09.00	4.50
4	Beaver, Spencer	SO	Saucon Valley	10-06.00	10-09.00	4.50
6	Wagner, Kyle	SR	Northern Lehigh	10-00.00	10-03.00	3
7	Hallenbeck, Dustin	JR	Palisades	10-06.00	J10-03.00	2
8	Rankin, Carter	SR	Northern Lehigh	10-00.00	J10-03.00	0.50
8	Hoats, Nick	JR	Salisbury	11-00.00	J10-03.00	0.50
9	Manor, Rodney	SR	Southern Lehigh	10-06.00	J10-03.00	
11	Capps, Zachary	SO	Nwl Boys	10-00.00	9-09.00	
11	Rodrigues, Darris	FR	Palmerton	10-00.00	9-09.00	
13	Fryer, Ryan	SR	Southern Lehigh	9-09.00	9-03.00	
--	Detrick, Nick	SR	Pen Argyl	10-06.00	NH	
--	Kutzler, Kyler	JR	Pen Argyl	10-06.00	NH	

Boys Long Jump

Name	Year	School	Seed	Prelims	
Preliminaries					
1	Wagner, Joey	SR	Pen Argyl	20-09.00	20-05.25q
2	Jesiolowski, Kyle	SO	Palisades	19-05.25	20-02.25q
3	Bradley, Chrisson	SR	Bangor	20-05.00	20-00.00q
4	Manor, Rodney	SR	Southern Lehigh	20-02.00	19-10.00q
5	Peters, Devon	SR	Wilson	22-06.00	19-09.25q
6	Contreras, Andrew	JR	Catasauqua	19-09.00	19-07.25q
7	Wing, Josh	JR	Bangor	20-08.75	19-03.75q
8	Caughey, Luke	SO	Palisades	19-04.00	18-08.00q
9	Thomas, Tyler	JR	Notre Dame GP	19-07.50	18-06.00q
10	Reichenbach, Dan	SO	Salisbury	19-06.50	J18-06.00
11	Furry, Derek	SR	Palmerton	20-00.50	18-05.50
12	Hunsicker, Brett	SO	Nwl Boys	20-02.50	18-04.50
13	Middaugh, Darien	SO	Northern Lehigh	19-03.00	18-02.50
14	Sacks, Jarred	FR	Palmerton	19-04.75	17-07.75
15	Wieand, Aaron	JR	Saucon Valley	19-04.50	17-03.25
--	Vignone, Alex	SO	Palmerton	20-04.50	ND

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Boys Long Jump

Name	Year	School	Prelims	Finals	Points
Finals					
1 Wagner, Joey	SR	Pen Argyl	20-05.25	20-05.25	10
2 Jesiolowski, Kyle	SO	Palisades	20-02.25	20-02.25	8
3 Peters, Devon	SR	Wilson	19-09.25	20-02.00	6
4 Bradley, Chrisson	SR	Bangor	20-00.00	20-00.00	5
5 Manor, Rodney	SR	Southern Lehigh	19-10.00	19-10.00	4
6 Contreras, Andrew	JR	Catasauqua	19-07.25	19-07.25	3
7 Wing, Josh	JR	Bangor	19-03.75	19-03.75	2
8 Caughey, Luke	SO	Palisades	18-08.00	18-08.00	1
9 Thomas, Tyler	JR	Notre Dame GP	18-06.00	18-06.00	

Boys Triple Jump

Name	Year	School	Seed	Prelims
Preliminaries				
1 Peters, Devon	SR	Wilson	44-01.00	41-07.25q
2 Reichenbach, Dan	SO	Salisbury	42-07.00	41-02.00q
3 Brandt, Jason	JR	Pen Argyl	40-06.00	40-06.25q
4 Seremula, Mike	JR	Northern Lehigh	40-08.00	39-05.50q
5 Davis, Jryi	FR	Bangor	39-06.25	39-05.00q
6 Horvath, Eric	SR	Pen Argyl	39-07.00	39-02.50q
7 Jesiolowski, Kyle	SO	Palisades	40-00.00	39-01.50q
8 Georges, Juvany	SO	Notre Dame GP	38-10.25	38-06.00q
9 Paskewicz, Michael	SO	Saucon Valley	38-11.00	38-00.00q
10 Wing, Josh	JR	Bangor	39-10.50	37-08.00
11 Furry, Derek	SR	Palmerton	39-02.50	37-04.50
12 Caughey, Luke	SO	Palisades	38-07.00	37-03.75
13 Shupp, Austin	FR	Palmerton	39-00.00	36-08.00
14 Martin, Isaac	JR	Saucon Valley	39-04.00	36-07.25
15 Ehret, Brad	SO	Palmerton	39-03.00	35-10.00

Boys Triple Jump

Name	Year	School	Prelims	Finals	Points
Finals					
1 Reichenbach, Dan	SO	Salisbury	41-02.00	42-05.25	10
2 Peters, Devon	SR	Wilson	41-07.25	41-10.75	8
3 Brandt, Jason	JR	Pen Argyl	40-06.25	40-06.25	6
4 Seremula, Mike	JR	Northern Lehigh	39-05.50	39-05.75	5
5 Davis, Jryi	FR	Bangor	39-05.00	39-05.00	4
6 Horvath, Eric	SR	Pen Argyl	39-02.50	39-03.00	3
7 Jesiolowski, Kyle	SO	Palisades	39-01.50	39-01.50	2
8 Georges, Juvany	SO	Notre Dame GP	38-06.00	39-00.00	1
9 Paskewicz, Michael	SO	Saucon Valley	38-00.00	38-00.00	

Boys Shot Put

Name	Year	School	Seed	Prelims
Preliminaries				
1 Haklar, Dylan		Catasauqua	48-05.00	47-10.50q

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....Boys Shot Put

2 Pearson, Bryan	SO Bangor	45-11.50	47-08.50q
3 Belletiere, Corey	SR Salisbury	46-04.00	47-07.00q
4 Gallagher, Jeff	SR Catasauqua	44-08.00	43-10.00q
5 Heiser, Kyle	SR Northern Lehigh	42-01.50	42-04.75q
6 Snyder, John	SO Palmerton	45-08.00	42-00.50q
7 Saks, Douglas	JR Nwl Boys	42-10.00	41-05.00q
8 Falko, Nate	SR Catasauqua	42-05.00	41-02.00q
9 Bickowski, Albert	SR Palmerton	41-00.00	41-01.00q
10 Semmel, Steve	JR Palmerton	40-00.75	41-00.00
11 Cahill, Greg	SO Wilson	43-01.00	40-06.00
12 Callanan, Pat	SR Wilson	41-05.50	40-05.50
13 Ross, Anthony	SR Notre Dame GP	42-02.00	40-02.50
14 Onjack, Michael	JR Bangor	46-10.50	40-02.00
15 Onokogu, John	JR Wilson	40-03.00	38-11.50
16 Moyer, Robert	JR Southern Lehigh	41-04.00	35-11.50

Boys Shot Put

Name	Year School	Prelims	Finals	Points
Finals				
1 Haklar, Dylan	Catasauqua	47-10.50	48-04.50	10
2 Pearson, Bryan	SO Bangor	47-08.50	47-08.50	8
3 Belletiere, Corey	SR Salisbury	47-07.00	47-07.00	6
4 Gallagher, Jeff	SR Catasauqua	43-10.00	45-05.50	5
5 Snyder, John	SO Palmerton	42-00.50	44-01.25	4
6 Heiser, Kyle	SR Northern Lehigh	42-04.75	42-04.75	3
7 Saks, Douglas	JR Nwl Boys	41-05.00	41-05.00	2
8 Bickowski, Albert	SR Palmerton	41-01.00	41-02.00	1
9 Falko, Nate	SR Catasauqua	41-02.00	40-10.25	

Boys Discus Throw

Name	Year School	Seed	Prelims
Preliminaries			
1 Romeo, Andrew	JR Bangor	147-03	153-02q
2 Pearson, Bryan	SO Bangor	162-05	144-04q
3 Gallagher, Jeff	SR Catasauqua	143-00	141-03q
4 Solt, Kenny	JR Saucon Valley	118-08	125-03q
5 Flores, Marcos	JR Saucon Valley	117-06	124-08q
6 Belletiere, Corey	SR Salisbury	121-06	123-06q
7 Falko, Nate	SR Catasauqua	125-08	122-06q
8 Thieme, Joe	SR Catasauqua	123-10	116-08q
9 Ross, Anthony	SR Notre Dame GP	111-02	110-03q
9 Brown, Derek	SR Catasauqua	115-02	110-03q
11 Cahill, Greg	SO Wilson	137-06	109-09
12 Callanan, Pat	SR Wilson	124-09	108-11
13 Greenawald, Kyle	JR Northern Lehigh	125-02	104-07
14 Spence, Zach	SR Wilson	130-02	100-05
15 Snyder, John	SO Palmerton	116-02	97-10

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Name	Year	School	Prelims	Finals	Points
Finals					
1	Romeo, Andrew	JR Bangor	153-02	153-02	10
2	Pearson, Bryan	SO Bangor	144-04	144-11	8
3	Gallagher, Jeff	SR Catasauqua	141-03	141-03	6
4	Thieme, Joe	SR Catasauqua	116-08	126-01	5
5	Solt, Kenny	JR Saucon Valley	125-03	125-03	4
6	Flores, Marcos	JR Saucon Valley	124-08	124-08	3
7	Belletiere, Corey	SR Salisbury	123-06	123-06	2
8	Falko, Nate	SR Catasauqua	122-06	122-06	1
9	Brown, Derek	SR Catasauqua	110-03	113-03	

Boys Javelin Throw

Name	Year	School	Seed	Prelims
Preliminaries				
1	Falko, Nate	SR Catasauqua	172-01	176-02q
2	Beam, Geoff	JR Pen Argyl	170-08	172-11q
3	Snyder, Jesse	FR Palisades	164-05	156-08q
4	Tinney, Eric	SO Pen Argyl	150-02	149-09q
5	Fatzinger, Tyler	JR Catasauqua	151-00	149-05q
6	Thieme, Joe	SR Catasauqua	154-00	145-07q
7	Garner, Luke	JR Catasauqua	150-00	145-00q
8	Haklar, Dylan	Catasauqua	148-02	143-04q
9	Wirfel, Joseph	SR Northern Lehigh	158-02	142-06q
10	Horn, Russ	SR Bangor	164-01	140-03
11	Ross, Anthony	SR Notre Dame GP	143-07	138-08
12	Kirchner, Trevor	SR Palmerton	147-03	133-02
13	Spence, Zach	SR Wilson	143-00	131-08
14	Stetler, Greg	SR Wilson	140-05	127-10
15	Bickowski, Albert	SR Palmerton	139-04	124-05
16	Solt, Kenny	JR Saucon Valley	140-09	118-04

Boys Javelin Throw

Name	Year	School	Prelims	Finals	Points
Finals					
1	Falko, Nate	SR Catasauqua	176-02	176-02	10
2	Beam, Geoff	JR Pen Argyl	172-11	172-11	8
3	Snyder, Jesse	FR Palisades	156-08	156-08	6
4	Tinney, Eric	SO Pen Argyl	149-09	149-09	5
5	Fatzinger, Tyler	JR Catasauqua	149-05	149-05	4
6	Thieme, Joe	SR Catasauqua	145-07	145-07	3
7	Garner, Luke	JR Catasauqua	145-00	145-00	2
8	Haklar, Dylan	Catasauqua	143-04	143-04	1
9	Wirfel, Joseph	SR Northern Lehigh	142-06	142-06	