

Revised on December 1, 2006

COLONIAL LEAGUE
GIRLS FIELD HOCKEY RULES AND REGULATIONS

1. The varsity game shall run for two 30-minute halves with a 5-minute rest period between halves. A JV game shall follow the varsity game and consist of two 25-minute halves with a 5-minute rest period between halves. Middle school level games shall consist of three 25-minute periods, with the first two periods constituting a complete A game and the third period constituting a complete B game.
2. Two PIAA officials shall be assigned for each varsity game. It is recommended that coaches wait up to 30 minutes after the regulation start time to permit the arrival of the assigned number of officials, unless agreement is reached between the two opposing head coaches to commence the game prior to the thirty minutes with fewer officials. The game shall begin no later than thirty minutes following the regulation start time with official(s) present.
3. In cases where only one official is available, coaches will appoint a manager or knowledgeable player from each school to cover duties to be assigned by coaches' agreement.
4. Final standings shall be determined by: 2 points for each win; 1 point for each tie, 0 points for each loss.
5. The winner of a play-off game ending in a tie shall be determined by the PIAA Procedure for determining a winner when a contest is being played in order to advance a team during a postseason contest as summarized below:
 - a. 15-minute "sudden victory" overtime period
 - b. If a tie still exists, a second 15-minute "sudden victory" overtime period will be played
 - c. If tie still exists, Penalty Strokes will be conducted
 - d. If tie still exists, a second set of Penalty Strokes will be conducted
 - e. If tie still exists, "Sudden Victory" Penalty Strokes will be conducted
6. Final standings shall be determined by: 2 points for each win; 1 point for each tie; 0 points for each loss.
7. The Colonial League, in an effort to NOT jeopardize athletic participation opportunities for girls, does not permit boys to participate on field hockey teams of member schools.
8. The Colonial League prohibits the use of tobacco and/or tobacco products by participating and non-participating team personnel, including coaches, during any interscholastic athletic contest at any level of interscholastic athletic competition.

Miscellaneous

- | | <u>Saturdays</u> | <u>Evenings</u> | <u>Afternoons</u> |
|---|------------------|--------------------------------|--|
| 1. Starting Times | 10:00 a.m. | 5:30 p.m.
Varsity to follow | 4:00 p.m.
3:45 p.m. starting 1 st
game in October |
| 2. Rule - Home team is required to call the game summaries to the Express-Times, Morning Call, and Lehigh Times-News. | | | |

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3. All-Star Selections:

- A. The League Chairperson will send a blank nomination form to each coach. Each coach will nominate a player or players for each of the four positions and send their player(s) name, number, positions, class and a brief summary of their League statistics no later than the first week of October. The chairperson will prepare ballots from those names submitted and will issue the ballot the week prior to the annual field hockey tournament. The compiling of the all-star team will be completed the weekend before the annual field hockey tournament. The all-star team will be announced on the Monday prior to the annual field hockey tournament.

The first team, second team, and honorable mention team will consist of four forwards, three midfielders, three defenders, one goalie, and two at-large members to be used where the group of coaches see fit. Prior to the voting, each coach will have an opportunity to speak on behalf of his or her nominations. First team votes will count five points, second team three points, and an honorable mention vote will count one point. Coaches may not vote for their own player(s). Honorable mention will be limited to four forwards, three midfielders, three defenders, one goalie, two at-large, and any ties for making the team.